Heart Health Survey

Name:

Block: _____

Please visit the website: http://hht.texasheartinstitute.org/

Answer the questions related to your health and family history. At the end of the questionnaire please hit the submit button. Next, you will receive information regarding your results on how healthy your heart is and ways in which you can increase your heart health. In the space below, please explain your results; things you can possibly change in your lifestyle to make your heart healthier and those that unfortunately you have no control over.